

June Journaling & Creativity

DAY 2 OF 30

Ordinary & Happy
O & H

MORNING

Top three priorities for this month.

POSITIVE
THOUGHT

When I step outside and feel the
sunshine on my skin, I feel...

ONE
WORD

Sunset.

GRATITUDE

A place that makes you feel safe and happy.

BUILD
CONFIDENCE

Three personal strengths and examples of using them.

OVERCOME
PERFECTIONISM

Times you made progress even when things weren't perfect.

SELF-CARE

Things that excite you about June.

EVENING

Someone or something that made your day better today.

DOODLE

Airplane.

WATER-
COLOR

Vintage Camper Van.