


May Dinner Ideas

	S	M	T	W	T	F	S
L A S T D A Y	31 Burger Night or BBQ Night	27	28  Ordinary & Happy	29	30	1 Chicken Souvlaki Pita Wraps	2 Creamy Sausage Pasta with Roasted Peppers
	3 Chicken Burrito Bowl	4 Spinach Ricotta Ravioli with Homemade Pesto	5 Ground Beef Tacos with Guacamole	6 Sausages with Mashed Potatoes, Mushrooms, and Roasted Peppers	7 Eggplant with Beef and Ricotta	8 Fish and Chips with Tartar Sauce	9 Pork Skewers with Peppers & Lemon Garlic Rice
	10 Steak & Roasted or Grilled Vegetables	11 Halloumi Couscous Bowl	12 Chicken Tacos with Avocado	13 Pancetta & Mushroom Pasta with Parmesan	14 Moussaka (Eggplant Lasagna)	15 Flatbread Pizza with Side Salad	16 Chicken & Chorizo Skewers with Lemon Parsley Garlic Rice
	17 Rotisserie Chicken or Roasted Chicken and a Side Salad	18 Walnut Pesto Pasta with Roasted Broccoli	19 Chicken Cutlet with Side Salad	20 Sausage Frittata with Salad	21 Chicken & Veggies Sheet-Pan Dinner	22 Shrimp Rice Bowl	23 Chicken Patties with Mashed Potatoes and Roasted Veggies
	24 Cobb Salad	25 Burger Night (e.g., Halloumi, Beef, Chicken)	26 Honey Garlic Chicken & Potatoes Sheet-Pan Dinner	27 Grilled Salmon Salad	28 Lemon Parmesan Pasta (optionally with chicken or shrimp)	29 Meatballs in Tomato Sauce with Rice	30 Lemon Butter Fish with Potatoes