Breakfast Ideas for May

	S	M	T	W	T	F	S
LAST DAY	31 Egg & Sausage Breakfast Bowl	27	28	29	30	1 Fresh Fruit	2 Pancakes
	3 Avocado Toast with Smoked Salmon	4 Mango Raspberry Yogurt Parfait	5 Breakfast Wrap with Scrambled Eggs	6 Mango Banana Smoothie	7 Cottage Cheese Bowl with Fruit	8 Banana Peanut Butter Yogurt Parfait	9 Smoked Salmon Breakfast Sandwich
	10 Frittata with Toast and Avocado	11 Cereal and Milk	12 Almond Croissant	13 Mixed Berry Yogurt Parfait	14 Oatmeal with Chopped Apple and Banana	15 Granola Bars	16 Toasted Bagel with Your Favorite Toppings
	17 Breakfast Burritos	18 Mango Chia Pudding	19 Apple Slices and Cheese	20 Scrambled Eggs	21 Muesli with Fruit and Yogurt	22 Green Smoothie	23 Omelet with Toast
	24 Breakfast Tacos	25 Melon Yogurt Parfait	26 Tropical Chia Pudding	27 Fried Eggs and Toast	28 Cherry Banana Smoothie	29 Bacon and Egg Sandwich	30 Mushroom & Cheese Omelet

O&H Ordinary & Happy