

Things to Do at Home *in* May

	S	M	T	W	T	F	S
L A S T D A Y	31 Compile your smiling or laughing selfies into a slideshow.	27	28  Ordinary & Happy	29	30 	1 Take a selfie of you smiling or laughing every day this month.	2 Dance in your bedroom for 5 minutes.
	3 Play Jenga.	4 Take a photo of something that inspires you.	5 Watch a funny video.	6 Recite a tongue twister poem.	7 Play songs from your favorite decade.	8 Get a pair of comfy slippers to wear.	9 Make plans with friends to do something fun.
	10 Write down 5 things that make you happy.	11 Set your morning alarm to a song you love.	12 Make your phone background a happy or funny photo.	13 Play air guitar to a classic rock song.	14 Have a living room fashion show.	15 Have a pizza and movie night.	16 Put your pajamas on earlier than usual.
	17 Put on your favorite outfit and take a selfie.	18 Reminisce with a friend about a great memory.	19 Watch the sunset.	20 Watch an episode of your favorite TV show.	21 Play your favorite songs when cooking or doing chores.	22 Work on a fun DIY project.	23 Have a dance party in the living room.
	24 Work on a puzzle or crossword.	25 Create a cozy nook for yourself at home.	26 Try to come up with a creative recipe based on what you have at home.	27 Have a bubble bath or spa night at home.	28 Watch a tutorial to learn a new skill.	29 Watch a comedy special.	30 Write down your wins from the month and celebrate them.