

Messages to Brighten Every Day *in June*

S	M	T	W	T	F	S
30 	1 Stay positive and inspire others.	2 You have the power to create change.	3 Take things one day at a time.	4 The weekend is near!	5 Keep shining.	6 You deserve a break!
7 Slow down and enjoy the day.	8 Believe in yourself and all that you are.	9 Keep your focus sharp.	10 Your hard work is paying off.	11 Trust the process.	12 Keep being your awesome self!	13 Take a deep breath.
14 Do something just for yourself!	15 You're capable of great things.	16 You're stronger than you think.	17 Remember: progress, not perfection.	18 Don't watch the clock; keep going!	19 Quality weekend time isn't too far.	20 Be proud of everything you've achieved.
21 You're a star!	22 Embrace the week!	23 Every day is a fresh start; make it count!	24 The best is yet to come.	25 Stay motivated and make today amazing!	26 You've got this!	27 Stay true to yourself.
28 Rest is important.	29 You're stronger than you know!	30 Appreciate the little moments.	1 	2 	3 	4 