

June Morning Journaling

S	M	T	W	T	F	S
30	1 Top three things you want to achieve this summer.	2 Top three priorities for this month.	3 Fun things to do this summer.	4 A way to show kindness today (to yourself and others).	5 A small win from this week so far.	6 Something fun to do this weekend.
7 Things to do today to recharge.	8 Top goals for this week.	9 Things that are going well in life.	10 A lesson you've learned recently.	11 Something you can do to be happier today.	12 Describe your ideal day.	13 People you want to reconnect with.
14 Something you can do to make today amazing.	15 Skills you want to work on this week.	16 Top three things you're grateful for.	17 Positive things to focus on today.	18 Tasks you've been putting off and how to get them done.	19 Something that would energize you today.	20 Habits you want to work on.
21 Something you're proud of.	22 Things you're looking forward to this week.	23 Ways to make today better than yesterday.	24 Things to do today to get closer to your goals.	25 Songs that inspire you and boost your mood.	26 Ways to be more creative today.	27 Weekend getaways you could go on.
28 Things you want more of in your life.	29 Things you want to let go of.	30 Ways to make the rest of the year count.	1	2	3	4

