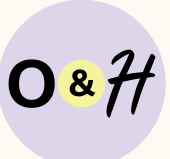


June Breakfasts

S	M	T	W	T	F	S
30	1 Mango banana smoothie	2 Berry yogurt parfait	3 Toast and jam	4 Strawberry banana yogurt parfait	5 Strawberry oatmeal	6 Avocado toast with smoked salmon
7 Spinach & feta omelet	8 Mango raspberry yogurt parfait	9 Tropical chia pudding	10 Cereal and milk	11 Breakfast egg wrap	12 Fig yogurt parfait	13 Pancakes
14 Egg muffins	15 Smoked salmon breakfast sandwich	16 Banana chia pudding	17 Cherry banana smoothie	18 Mushroom & cheese omelet	19 Yogurt bowl	20 Pineapple melon smoothie
21 Yogurt parfait with mango & pineapple	22 Mango coconut oatmeal	23 Green smoothie	24 Mango passion fruit smoothie	25 Strawberry banana chia pudding	26 Peanut butter banana yogurt parfait	27 Oatmeal with your favorite toppings
28 Frittata	29 Mango banana smoothie bowl	30 Mango coconut chia pudding	1	2	3	4  Ordinary & Happy