


This May, Finish *the* Sentences With a Positive Thought

	S	M	T	W	T	F	S
L A S T D A Y	31 May has been great because...	27  Ordinary & Happy	28	29	30	1 This May, I'll put more time into things I love, like...	2 When I sit and intently listen, I can hear the beautiful sound of...
	3 Even when I'm busy, I'm inspired by...	4 Something from my childhood that always makes me smile is...	5 My favorite teacher at school was...	6 A moment of kindness I saw today was...	7 I'll visit somewhere new soon, like...	8 Someone I could go on a spring walk with is...	9 Something that keeps me optimistic is...
	10 One of my favorite memories with mom is when...	11 If I go outside right now, I love that...	12 When I'm tired, I'm motivated by...	13 I feel loved when I look at...	14 Even when I'm unsure, something that makes it all worth it is...	15 I can find joy in an unexpected place, like...	16 My perfect self-care day would start with...
	17 When the sun is shining, I like to...	18 My favorite framed photo in the house is...	19 When I sit in the backyard or outside, I'm encouraged by...	20 A road trip I'd love to take is...	21 A little thing that fills me with hope is...	22 This week, I've achieved...	23 Spring has been wonderful because...
	24 My favorite sounds in the backyard are...	25 I'm grateful to past generations for...	26 The best thing about the year so far is...	27 On my next day off, I'd love to...	28 My favorite memory of getting ready for summer is...	29 This summer, I'm looking forward to...	30 Right now, I'd love to just...