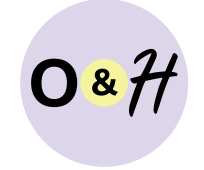





# Daily Inspirational Messages

## for May

	S	M	T	W	T	F	S
L A S T D A Y	31 There's still so much of the year left. Don't give up on your goals.	27  Ordinary & Happy	28 	29 	30 	1 Be inspired by the birds, the flowers, and the sunshine.	2 You don't always have to be moving forward. Sometimes taking a step back is the right move.
	3 Let the starry sky at night inspire you to dream big.	4 Acknowledge the times you showed courage and determination.	5 Allow yourself to simply be right now. So much can become clear to you in the moment.	6 Don't let unnecessary noise get in the way of your success.	7 Be proud of even the tiniest wins. If they matter to you, it counts.	8 Look in the mirror & love the one-in-a-billion person looking back at you.	9 When you're unsure, let love lead the way.
	10 You can make big progress with subtle changes.	11 Just like the clouds in the sky, your potential reaches high.	12 Let simple sounds of nature soothe, encourage, & inspire you.	13 Tiny steps forward take courage.	14 A little laughter can transform a day.	15 You still have time to make the most of May.	16 Where someone sees very little, you may see a world of beauty & opportunity.
	17 Not everything has to be a 'fresh' start. You can always revisit something unfinished.	18 An ordinary day can still be lived with meaning and intention.	19 Go outside & take in the beauty. Be there for loved ones. Today, just live.	20 Stepping slightly outside your comfort zone can go a long way.	21 Not everything	22 A few words of encouragement can change someone's day.	23 Allow a little time for the fleeting moments, like a warm breeze.
	24 It's today, in the here and now, that life happens. The future is important, but so is now.	25 You can still fill these final days of May with joy.	26 Take initiative. Move toward a life of love and laughter, one step at a time.	27 Don't overlook the simple things today. Joy is all around you.	28 Open a window and let the fresh air and sunshine energize you.	29 Tell your family you love them. Those words mean so much.	30 Let your heart be open to love and opportunity.