

# Journaling Prompts *for* Couples

## That Bring You Closer



- What you love most about each other.
- One shared memory that always makes you smile.
- Your favorite way to spend quality time together.
- Something your partner does that makes you feel really loved.
- What you first thought when you met each other.

- When you first realized you were in love.
- One challenge you overcame together.
- What a perfect day together looks like.
- What your short-term goals are.
- What your dreams for the long-term future are.

- Ways you've changed over the course of your relationship so far.
- Something new you'd love to try as a couple.
- Things that make your relationship unique.
- Things you want to do more of together.
- What your love language is (words of affirmation, quality time, touch, acts of service, or gifts).

- Your favorite traditions as a couple.
- Something you admire about each other.
- Something you want to add to your couple's bucket list.
- Your favorite inside joke.
- Your dream trip as a couple.