

End-of-Month Decluttering

Ordinary & Happy

SAT	25	Declutter whenever there's a commercial break on. Choose a couple of small areas (e.g., the coffee table, a drawer, a shelf) and try to tackle one each time there's a commercial break. Or you could focus on something even simpler, such as finding one item to toss, recycle, or relocate.	<input type="checkbox"/>
SUN	26	Pick your favorite place in the house and declutter & tidy it. This could be your TV and couch area in the living room. You could fold blankets, straighten out the couch cushions, and tidy the TV entertainment center. It could be a cozy reading spot, and you could focus on making it comfortable. It could be the home office where you could sort through any paper piles and organize the things on your desk.	<input type="checkbox"/>
MON	27	Set a 15-min timer and declutter the first place that comes to mind. Don't overthink it. Just pick the first place that comes to mind. Start by tidying any surfaces for visible improvements. If there are lots of things there, you could pick a few items to sort into piles: keep, relocate, toss.	<input type="checkbox"/>
TUE	28	Set a 15-min timer and declutter one area you haven't yet (e.g., car, purse). Some areas that are commonly overlooked (or some that get messy pretty quickly) include the entryway, the bathroom cabinets, the fridge freezer, the kitchen countertops, the car interior, and any bags (e.g., purse, gym bag, backpack). Pick one and focus on it for 15 minutes.	<input type="checkbox"/>
WED	29	Get a bag or box and walk through the house, picking items to toss or recycle. Check areas that will likely hold clutter, such as the entryway, the bathrooms, the nightstands, the coffee table, the kitchen countertops, and the home office desk.	<input type="checkbox"/>
THU	30	Get a bag or box and walk through the house, picking items to donate. Start with your closet and dresser. Next, you could look at the kitchen cabinets, kitchen drawers, and the pantry. Look on your bookshelves for any books you've already read that you don't want to keep. Try not to second-guess and pick obvious items (rather than ones you have to really think about whether to donate or not).	<input type="checkbox"/>
FRI	1	Set a 15-minute timer and go through your hobby items. Pick one of your hobbies and go through the items you have for it. This may be your craft supplies, board games, baking supplies, gardening supplies, art supplies, or sports gear. Take stock of everything you have, and organize & tidy the area. If there's anything you no longer need, donate it (if in good condition) or toss it (if broken and can't be repaired).	<input type="checkbox"/>