

25th April Planner

1. _____
2. _____
3. _____

..... Ordinary & Happy

FEEL - GOOD IDEAS

You don't always need to be making progress. Today, let love guide you.

- **Wake-Up Song:** "Soak Up the Sun" Sheryl Crow
- **Positive Thought:** Right now, I feel beautiful because...
- **Positive Change Idea:** Back up your files and photos.

FOOD SUGGESTIONS

- **Breakfast:** Avocado Toast with Poached Eggs
- **Lunch:** Spinach & Feta Phyllo Dough Pie
- **Dinner:** Baked Potatoes with DIY toppings

DECLUTTERING IDEA

Declutter whenever there's a commercial break on.

DECLUTTERING COMPLETED

DEEP TALK

If you could have dinner anywhere in the world, where and why.

IDEAS FOR THINGS TO DO

- **April Bucket List:** Go for a bike ride.
- **Self-Care Idea:** Have a picnic in the park.
- **Romantic Idea:** Have a stargazing evening together.
- **Simple Fun:** Go for a bike ride in the park.
- **Kindness Idea:** Plan a family board game night.
- **Photo Idea:** Having a picnic outdoors.
- **Doodling Idea:** Lilacs in a vase.
- **Watercoloring Idea:** Muddy shoes.

JOURNALING IDEAS

- **Morning Journaling:** Ways to unwind in the garden, backyard, on the balcony, or outside.
- **Evening Journaling:** Where you see yourself at the end of the year.
- **Gratitude Journaling:** Times you've felt appreciated.
- **One-Word Journaling:** Dreamy.