

# 15th April Planner

1.

2.

3.

..... Ordinary & Happy .....

## POSITIVE DAY IDEAS

Love today for what it is and the simple joy it brings.

- **Wake-Up Song:** “Good Vibrations” The Beach Boys
- **Positive Thought:** My home makes me feel loved because...
- **Positive Change Idea:** Organize your closet for 30 minutes.

## MEALS FOR THE DAY

- **Breakfast:** Apple and Cheese
- **Lunch:** Halloumi Wrap
- **Dinner:** Cajun Chicken with Tomato Rice

## DECLUTTERING IDEA

Pick one kitchen cabinet to declutter and tidy.

DECLUTTERING COMPLETED

## DEEP TALK

What you'd do with unlimited resources.

## IDEAS FOR THINGS TO DO

- **April Bucket List:** Start an indoor herb garden.
- **Self-Care Idea:** Have a spa evening at home after work.
- **Romantic Idea:** Frame a photo of the two of you.
- **Simple Fun:** Be adventurous and try something new today.
- **Kindness Idea:** Give someone a book you've read and enjoyed.
- **Photo Idea:** In the backyard or outdoors.
- **Doodling Idea:** Magician's hat.
- **Watercoloring Idea:** Mountains.

## JOURNALING IDEAS

- **Morning Journaling:** Ways you can bring 'spring' into your home.
- **Evening Journaling:** Things to celebrate.
- **Gratitude Journaling:** Something you're looking forward to.
- **One-Word Journaling:** Rewarding.