

# Decluttering Challenges

..... Ordinary & Happy .....



- **'Unexpected guests' challenge:** pretend guests will be arriving in 15 minutes and declutter/tidy the house in that time.
- **'Find 3' challenge:** find 3 items to donate, 3 to toss, 3 that belong in another room.
- **'Color declutter' game:** pick a color a day and declutter only items of that color.
- **'Commercial break' challenge:** have a speed round of decluttering every time a commercial break comes on.
- **'One bag dash' challenge:** get a donation bag and fill it up with items from the house to donate.
- **'Best before and after photo' challenge:** in a group chat with friends, post your before and after photos of decluttering; the one with the best photos gets treated to dinner.
- **'Pretend you're a professional organizer' game:** walk through the house and pretend you're a professional home organizer and make a list of what you would change.
- **'One-in, one-out' challenge:** for every new item you bring into the house, you have to donate an old item.
- **'Alphabet declutter' challenge:** every day, pick a letter and only declutter items that start with that letter.
- **'Scavenger quest: decluttering edition':** find and donate or toss 1 item with a missing part, 1 item you've never used, 1 item that annoys you, 1 unwanted gift, 1 duplicate, 1 expired food item, 1 piece of clothing that no longer fits, 1 pair of shoes that no longer fit or are worn out, 1 old cable you no longer need (and you can adjust the list as you wish). Repeat the game as many times as you like.

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