

12th March Daily Planner



Ordinary & Happy

INSPIRATION & POSITIVITY

- **Wake-Up Song:** "Best Day of My Life" American Authors
- **Fill-in-the-Blank Positive Thought:** The resilience of nature reminds me that...
- **Spring Mood Song:** "The Blue Danube" Johann Strauss II

Today, be the inspiration someone may need.

BREAKFAST

Toasted Bagel with
Cream Cheese

LUNCH

Chopped Salad

DINNER

Chicken with Potatoes
and Peas

ACTIVITIES & THINGS TO DO

- **March Bucket List:** Wear your favorite spring outfit.
- **Self-Care Idea:** Have a cup of tea while relaxing.
- **Romantic Idea:** Send them a sweet, inspiring message during the day.
- **Trying Something New:** Listen to a new song release.
- **Photo Idea:** Reflection in a puddle.
- **Doodling Idea:** Convertible car.
- **Watercoloring Idea:** Cookies.

DECLUTTERING IDEA

Organize your accessories for the season.

JOURNALING FOR THE DAY

- **Morning Journaling:** Ways you can have more time in nature to appreciate the beauty of spring.
- **Evening Journaling:** A time you had to be courageous and it paid off.
- **Gratitude Journaling:** A recent change you're grateful for.
- **Self-Care Journaling:** Things you're grateful for this week.
- **One-Word Journaling:** Thoughtful.

THREE PRIORITIES FOR THE DAY

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_____ | • 3. _____ ■
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