

8th March Daily Planner



Ordinary & Happy

POSITIVITY IDEAS

- **Wake-Up Song:** "Mr. Blue Sky" Electric Light Orchestra
- **Fill-in-the-Blank Positive Thought:** A woman who inspires me is...
- **Spring Mood Song:** "Three Little Birds" Bob Marley & The Wailers

Think of the women who have supported and inspired you.

BREAKFAST

Mango Banana
Smoothie

LUNCH

Egg & Potato Omelet

DINNER

Grilled Chicken Salad

DECLUTTERING FOR THE DAY

Store away out-of-season items.

THINGS TO DO & ACTIVITIES

- **March Bucket List:** Get yourself a bouquet of seasonal flowers.
- **Self-Care Idea:** Watch your favorite movie.
- **Romantic Idea:** Take a few photos together.
- **Trying Something New:** Learn how to use one spice you normally don't use.
- **Photo Idea:** A bouquet of flowers.
- **Doodling Idea:** A bouquet of tulips.
- **Watercoloring Idea:** Something purple.

ALL-DAY JOURNALING

- **Morning Journaling:** A woman who inspires you and why.
- **Evening Journaling:** Times women have supported you and how.
- **Gratitude Journaling:** A woman who has made a difference in your life and how.
- **Self-Care Journaling:** Three cozy places you love and why.
- **One-Word Journaling:** Celebration.

MY TOP PRIORITIES FOR THE DAY

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