

Gratitude Journaling for April

S	M	T	W	T	F	S
29 	30 	31 	1 The best thing that happened this year.	2 The kindest thing someone did for you.	3 Any things you have that the majority of people don't.	4 The best thing that's ever happened to you.
5 Your greatest achievement.	6 Your biggest supporters in life.	7 Your best friends.	8 Skills or talents you have.	9 Things that you appreciate about yourself.	10 The nicest compliment you've received.	11 Your favorite memory.
12 People in your life who inspire you.	13 Your favorite trip.	14 The most important lesson you've learned.	15 Something you're looking forward to.	16 The best advice you've ever received.	17 A book that had a big impact on you.	18 Little things that bring you happiness.
19 The people in your life who make you smile.	20 The best job you've had.	21 Recent new opportunities.	22 What you like about the city/town you live in.	23 The times you felt truly loved.	24 What you like about your job.	25 Times you've felt appreciated.
26 Songs that uplift you.	27 Seasonal things that make you happy.	28 Quotes that inspire you.	29 The thing you're most grateful for.	30 The person you're most grateful for.	1 	