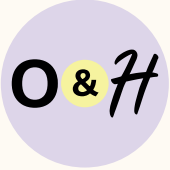


# April Breakfasts

S	M	T	W	T	F	S
29  Ordinary & Happy	30	31	1 Toasted Bagel (with DIY toppings)	2 Yogurt Parfait	3 Green Smoothie	4 Omelet with Smoked Salmon
5 Potato and Feta Frittata	6 Muesli and Greek Yogurt	7 Coffee Banana Smoothie	8 Fresh Fruit	9 Oatmeal with Fresh Berries	10 Overnight Chia Pudding with Mango	11 Omelet with Mushrooms and Cheese
12 Poached Eggs with Garlic Yogurt	13 Breakfast Panini with Bacon and Eggs	14 Cherry Banana Smoothie	15 Apple and Cheese	16 Cottage Cheese Bowl with Fresh Berries	17 Greek Yogurt with Fresh Berries	18 Breakfast Wrap with Avocado
19 Breakfast Tacos	20 Egg Muffins	21 Fresh Banana with Peanut Butter	22 Mango Banana Smoothie	23 Breakfast Sandwich with Eggs and Smoked Salmon	24 Granola Bars	25 Avocado Toast with Poached Eggs
26 Mango Banana Smoothie Bowl	27 Overnight Chia Pudding with Bananas & Vanilla	28 Mango Lime Smoothie	29 Scrambled Eggs on Avocado Toast	30 Oatmeal with Honey	1	2