

Small Things That Make Life Easier

..... Ordinary & Happy

1 Keep a magnetic grocery list notepad on the fridge to add things to when you remember.	2 Meal prep or meal plan for the week to save time every day.	3 Keep a small basket by the door for keys and other small accessories.
4 Keep a donation box by the entryway, add to it throughout the month, and take it when full.	5 If something takes less than 2 minutes, just do it now.	6 Have a 'notes to yourself' list for to-do's, motivation, thoughts, and inspiration.
7 Plan tomorrow's outfit the night before.	8 Prepare some freezer dinners for really busy days.	9 Keep phone chargers everywhere you need it often: at home, in the car, and at work.
10 Add your appointments to your calendar as soon as you make them.	11 Stock up your pantry and fridge with essentials so cooking at home is always easy (e.g., pasta, oil, dried herbs, parmesan).	12 Be kind to others and to yourself.