

# Dinners for March

## One Week of Ideas

SUN



### Honey Garlic Chicken with Potato Wedges

- Chicken Thighs
- Potatoes
- Honey
- Garlic
- Lemon Juice
- Oil
- Dijon
- Parmesan
- Paprika
- Garlic Powder
- Salt
- Pepper
- Parsley

MON



### Spinach Ricotta Ravioli

- Spinach Ricotta Ravioli
- Pesto
- Lemon
- Parmesan
- Salt
- Pepper
- Chili Flakes

TUE



### Salmon Tacos

- Tortillas
- Salmon
- Salt
- Avocado
- Crème Fraîche
- Dill
- Lemon
- Mushrooms
- Corn
- Garlic
- Spring Onions
- Oil

WED



### Lemon Parmesan Pasta

- Spaghetti
- Garlic
- Chili Flakes
- Parmesan
- Lemon
- Fresh Basil
- Butter
- Salt
- Pepper

THU



### Chicken Souvlaki with Tzatziki

- Chicken
- Olive Oil
- Greek Yogurt
- Lemon
- Garlic Powder
- Oregano
- Salt
- Pepper
- Pitas
- Tomato
- Red Onion
- Tzatziki (Recipe Included)

FRI



### Butter Burger

- Burger Bun
- Ground Beef
- Salt
- Black Pepper
- Butter
- Cheese
- Oil
- Onion
- Fries (to serve)

SAT



### Meatballs in Tomato Sauce with Rice

- Ground Beef & Pork
- White Bread
- Milk
- Olive Oil
- Egg
- Garlic
- Cumin
- Salt
- Pepper
- Parsley
- Flour
- Oil
- Tomato-Based Sauce (Recipe Included)