

7 Days of Decluttering

for February 8th-15th

Ordinary & Happy

SUN	8	Set a 30-min timer and tidy the pantry. Focus on the high-impact tasks such as tossing expired food, grouping similar items together, consolidating half-empty containers, and putting items you use daily on the most convenient shelf. If you have time, you could also wipe the shelves and visually organize the pantry.	<input type="checkbox"/>
MON	9	Set a 15-min timer and tidy as many surfaces as you can in the living room. For all surfaces in the living room (coffee table, shelves, entertainment center), return items to where they belong, wipe off any dust, and organize everything else that's left on those surfaces.	<input type="checkbox"/>
TUE	10	Declutter & organize the entertainment/TV area & cables. Today, you can focus solely on the TV stand/entertainment unit. Organize the cables using cable ties or cable organizer boxes. Toss any old remotes you no longer need. Put away extra cables. Wipe off the dust and tidy everything else that's left.	<input type="checkbox"/>
WED	11	Put away anything that doesn't belong in the living room. Walk through the room and get anything that belongs elsewhere. Group the items by the room they belong to (e.g., kitchen, bedroom, entryway). Return all of them one room at a time.	<input type="checkbox"/>
THU	12	Clear the coffee table. Clear everything first and wipe down the coffee table. Then, decide which items you want to keep (e.g., book, candle, tray). If you want to keep a few smaller items, it's a good idea to have a tray for all the small items so that it can look more organized.	<input type="checkbox"/>
FRI	13	Remove any knick-knacks you don't need. Go through the house and look for knick-knacks in places that often have them without us even realizing it (e.g., side tables, bookshelves, windowsills, entryway, top of cabinets). Decide what deserves to be on display and then donate the ones you no longer want.	<input type="checkbox"/>
SAT	14	Set a 20-min timer and organize the remaining things in the living room. This is a great opportunity to focus on one thing that bothers you most about the living room in its current state. It may be that you have too many decorative items, no defined 'home' for all your items, or overcrowded shelves. Pick just one thing to focus on. Or, if you love everything about the living room, just do a quick tidy.	<input type="checkbox"/>