

Day 12 Meal Ideas

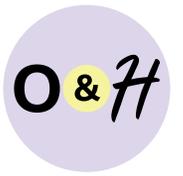
DECEMBER EDITION

Ordinary & Happy

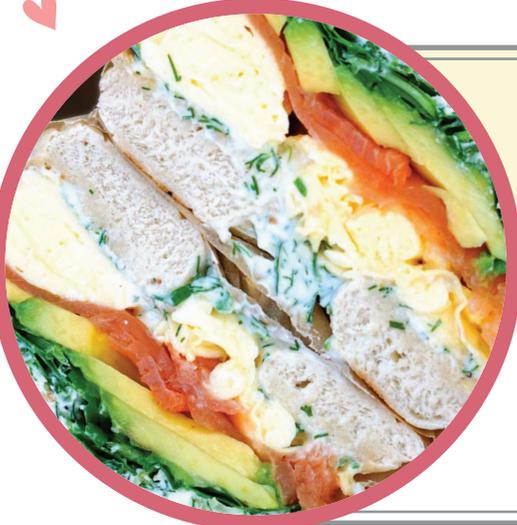
BREAKFAST

Bagels with Smoked Salmon and Scrambled Eggs

- Bagels
- Eggs
- Smoked Salmon
- Avocado
- Arugula
- Cream Cheese
- Lemon
- Dill
- Spring Onion
- Salt
- Pepper
- Butter



Ordinary & Happy



LUNCH

Tomato Feta Salad

- Tomatoes
- Feta
- Mint
- Red Onion
- Olives
- Olive Oil
- Lemon
- Oregano
- Garlic
- Salt
- Pepper
- Flatbread (Optional)



DINNER

Flatbread Pizza with Your Favorite Toppings

- Flatbread
- Toppings (List of Ideas Included)

