

One-Word Journaling *for* January

S	M	T	W	T	F	S
28 Ordinary & Happy	29	30	31	1	2	3
				Plans	Changes	Positivity
4	5	6	7	8	9	10
Hobbies	Knowledge	Music	Influence	Luck	Perfection	Skills
11	12	13	14	15	16	17
Champion	Ease	Respect	Grace	Direction	Inspiration	Coziness
18	19	20	21	22	23	24
Home	Consistency	Commitment	Care	Exploration	Expression	Routine
25	26	27	28	29	30	31
Meaning	Choices	Fun	Quiet	Glow	Admiration	Advantage