

Dinner Ideas *for* January

S	M	T	W	T	F	S
28  Ordinary & Happy	29	30	31	1 Quiche with Salad	2 Parmesan Chicken Burgers with Fries	3 Stuffed Eggplant with Beef, Ricotta, and Tomatoes
4 Meatloaf and Mashed Potatoes	5 Halloumi Wraps with Avocado & Roasted Peppers	6 Chicken Tacos with Avocado Crema	7 Roasted Tomato Soup & Grilled Cheese	8 Sausage & Peppers	9 Flatbread Pizza with Your Favorite Toppings	10 White Chicken Chili with Cornbread
11 Frittata with Bread and Side Salad	12 Mushroom Soup	13 Taco Bowl	14 Pancetta & Mushroom Pasta	15 Sheet-Pan Chicken and Veggies	16 Pan-Seared Fish, Coleslaw, and Fries	17 Chicken Tortilla Soup
18 Twice-Baked Potatoes	19 Salmon Quinoa Bowls	20 Chicken Quesadillas	21 Spaghetti & Meatballs	22 Chicken Caesar Salad	23 Sliders with Sweet Potato Fries	24 Shepherd's Pie
25 Roast Chicken with Veggies	26 Broccoli Cheddar Soup	27 Beef Burritos	28 Pesto Gnocchi	29 Mediterranean Chicken Salad	30 Smoked Salmon Wraps	31 Chicken Lasagna