December 21st Daily Planner

Ordinary & Happy

UPLIFTING IDEAS

- **Wake-Up Song:** “Nothing Can Stop Me Now” from Planes
- **Fill-in-the-Blank Positive Thought:** It may be cold outside, but I’m still...
- **Holiday-Themed Song:** “It’s Beginning to Look a Lot Like Christmas” Michael Bublé

HOLIDAY PREP

- **Holiday Prep Idea:** Volunteer or donate things to a charity.
- **Holiday Movie Idea:** Joyeux Noel (2005).
- **December Bucket List Idea:** Host a cookie-exchange party with friends/family.

FOOD & MEALS

- **Breakfast:** Baked eggs in tomato sauce
- **Lunch:** Baked potato with your favorite toppings
- **Dinner:** Chicken orzo soup with baguette

JOURNALING IDEAS

- **Morning Journaling Prompt:** One success from the year, no matter how big or small.
- **Evening Journaling Prompt:** One way you’ve surprised yourself this year.
- **Gratitude for 2025 Journaling:** Traditions you kept up.
- **Self-Care Journaling:** Things you do every day you don’t realize are comforting routines.

THINGS YOU COULD DO

- **Self-Care Idea:** Go for a walk or drive to see the holiday lights.
- **Decluttering Idea:** Take the items you want to donate to a donation center/charity.
- **Trying Something New:** Go to brunch with friends somewhere new.
- **Doodling Idea:** Wrapped gifts.
- **Watercoloring Idea:** Festive sweater.
- **Photo Idea:** Christmas light display.

ACT OF KINDNESS

Donate any warm coats and blankets you don’t need.

CONVERSATION IDEA

Something wonderful you often overlook.