December 10th Daily Planner

Ordinary & Happy

FEEL-GOOD MORNING IDEAS

- **Wake-Up Song:** “Consider Yourself” from Oliver!
- **Fill-in-the-Blank Positive Thought:** A cherished holiday memory is...
- **Holiday-Themed Song:** “I’ve Got My Love to Keep Me Warm” Ella Fitzgerald and Louis Armstrong

FOOD & MEALS

- **Breakfast:** Breakfast panini
- **Lunch:** Cranberry pecan mixed greens salad
- **Dinner:** Beef stroganoff with mashed potatoes

HOLIDAY IDEAS

- **Holiday Prep Idea:** Write holiday cards and mail them or have them ready to give in-person.
- **Holiday Movie Idea:** A Christmas Story (1983).
- **December Bucket List Idea:** DIY seasonal crafts.

THINGS TO DO

- **Self-Care Idea:** Have a deep conversation with a friend.
- **Decluttering Idea:** Clear the coffee table and remove any items that don’t belong.
- **Trying Something New:** Try a new creative activity (e.g., sketching, oil painting).
- **Doodling Idea:** Slice of cake.
- **Watercoloring Idea:** Bauble.
- **Photo Idea:** Up-close nature photo.

JOURNALING IDEAS FOR THE DAY

- **Morning Journaling Prompt:** One way you made the past weekend special for someone.
- **Evening Journaling Prompt:** One way you made a difference today.
- **Gratitiude for 2025 Journaling:** Places you visited and what you enjoyed about them.
- **Self-Care Journaling:** People you feel supported by and why.

CONVERSATION IDEA

Somewhere you want to visit next year.

ACT OF KINDNESS

Share a good recipe with a friend who loves cooking.