

Doodling *and* Creative Writing Worksheet for December 5th

MORNING		What you find joyful about the holidays.	
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ONE WORD	Uplifting.	POSITIVE THOUGHT	A place that makes me feel festive is...
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'WHAT I DID' THIS YEAR		Routines you've upheld and stuck to that ground you.	
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2025 GRATITUDE		A moment of stillness where things became clear.	
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SET INTENTIONS		Unfinished projects or goals you don't feel you need to revisit.	
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EVENING		An opportunity you took this year and what it taught you.	
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SELF-CARE		Simple, cozy routines you can do after you get home from work and before life/holiday to-dos.	
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WATER-COLOR	Holiday lights.	DOODLE	Snowman.
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