Journaling Planner Day 26

MORNING One thing you'd like to do before the year ends.

ONE WORD Encouraging.

POSITIVE THOUGHT Something I've loved about December is...

'WHAT I DID' THIS YEAR Decisions you made this year, big and small.

2025 GRATITUDE One vivid memory from the year.

SET INTENTIONS Daily routines (10-30min) that can support the goals you set.

SELF-CARE What you enjoyed about yesterday, no matter how simple.

EVENING Experiences from the past year you're grateful for.

DOODLE Bells.

WATER-COLOR Doormat with shoes.