

# Journaling Planner Day 14

<b>MORNING</b>		A simple self-care activity to give you a break from the planning.	
<b>ONE WORD</b>		Reconnecting.	<b>POSITIVE THOUGHT</b>
			I feel snug and warm when...
<b>'WHAT I DID' THIS YEAR</b>	Recount the first three memories that come into your head from the year.		
<b>2025 GRATITUDE</b>		A vivid memory from spring.	
<b>SET INTENTIONS</b>		Day to reflect.	
<b>SELF-CARE</b>		Ways to bring more warm colors into your home.	
<b>EVENING</b>		What you've found challenging but still managed to make progress on.	
<b>DOODLE</b>	Yule log.	<b>WATER-COLOR</b>	Your favorite Christmas tree ornament.