

Journaling Planner Day 13

MORNING		An act of kindness you've read about that inspired you.	
ONE WORD		Forward.	POSITIVE THOUGHT
			Something I want to do before the end of the year is...
'WHAT I DID' THIS YEAR		People you had dinner with.	
2025 GRATITUDE		Everyday routines you stayed consistent with.	
SET INTENTIONS		Three things you can make progress in and track that progress.	
SELF-CARE		Ways to bring more light into your home.	
EVENING		One thing that has gone to plan this month.	
DOODLE	Wool socks.	WATER-COLOR	Tree with no leaves.