

Journaling Planner Day 11

MORNING		One thing you can do today to make next week easier.	
ONE WORD		Fortune.	POSITIVE THOUGHT I can be kind to myself today by...
'WHAT I DID' THIS YEAR		List as many places you went as you can think of, no matter how close or far.	
2025 GRATITUDE		A trip or holiday you went on.	
SET INTENTIONS		How you can connect and spend time with people you care about most.	
SELF-CARE		Holiday prep you're overthinking that isn't that important if you don't get done.	
EVENING		One positive interaction you had with someone today.	
DOODLE	Garland.	WATER-COLOR	What you see outside of your window.