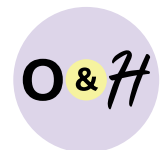


Christmas & NYE

PREP CHECKLIST

- Write a list of your holiday goals and make a December bucket list.
- Create a gift list, including the names and budget.
- For each person on your list, brainstorm some gift ideas.
- Get all the holiday decor out of storage and see what else you need this year.
- Have a shopping day (online or go to the stores in-person).
- Have a self-care day to recharge for the week ahead.
- Brainstorm some Christmas and NYE menu ideas.
- Start decorating the house to your favorite holiday music.
- Set up a little gift-wrapping station and start wrapping gifts.
- Write holiday cards and mail them/have them ready to give in-person.

- Mail gifts to family and friends you can't see in-person.
- Have a holiday movie night at home.
- Have a second shopping day.
- Continue decorating the house.
- Finish shopping for all gifts.
- Make Christmas and NYE playlists.
- Visit a Christmas market.
- Bake holiday cookies.
- Finish wrapping all the gifts.
- Deep clean the house if hosting.
- Volunteer or donate things to a charity.



Ordinary & Happy

- Do a final grocery run for any fresh produce/missing items.
- Pre-cook what you can (and refrigerate/freeze as appropriate).
- Have your Christmas Eve tradition.
- Celebrate Christmas Day. Take a family/friend photo and send messages to loved ones who couldn't be there.
- Take a self-care day to recharge.
- Make a plan for NYE (theme, music, menu).
- Go grocery shopping for NYE menu.
- Prep what you can for NYE ahead of time.
- Have a NYE prep day, getting all the last-minute things ready.
- Celebrate NYE and set one main goal for 2026.