# Writing & Creative Activities for the 2nd of December

**MORNING** Simple morning routines you can implement for the winter.

**ONE WORD** Reunion.

**POSITIVE THOUGHT** Something I want to achieve this December is...

**2025 GRATITUDE** Someone you reconnected with.

**'WHAT I DID' THIS YEAR** Three ways you've helped other people this year, even if it's gone unnoticed.

**SET INTENTIONS** Unrealistic expectations to release.

**SELF-CARE** Things that make you feel grounded during the busy holiday season.

**EVENING** One thing you're looking forward to continuing into next year.

**DOODLE** Festive bow.

**WATER-COLOR** Folded cozy blanket.