

# Try Something New *for the*

## Week of November 23rd-29th

..... Ordinary & Happy .....

<b>SUN</b>	<b>23</b>	<b>Have a karaoke night at home.</b> <i>If you have time, get a wireless electronic microphone. If not, simply sing along in the living room. Create a playlist of music videos or karaoke song videos online to follow along to.</i>	<input type="checkbox"/>
<b>MON</b>	<b>24</b>	<b>Have a picnic indoors.</b> <i>Substitute in some hearty, savory winter snacks and play the same games you would on a picnic, but at the dining room table.</i>	<input type="checkbox"/>
<b>TUE</b>	<b>25</b>	<b>Try a new hot chocolate flavor or recipe.</b> <i>You can follow a recipe or get pre-prepared flavors from the store. Enjoy your hot chocolate with board games or storytelling with loved ones.</i>	<input type="checkbox"/>
<b>WED</b>	<b>26</b>	<b>Pretend you're on a cooking show while cooking for Thanksgiving.</b> <i>You can get the whole family involved for this one. Talk about what you're making and allow yourself to have a little fun with the process.</i>	<input type="checkbox"/>
<b>THU</b>	<b>27</b>	<b>Try a new Thanksgiving recipe.</b> <i>Switch things up a little for Thanksgiving. Make your favorites, but include a new side or appetizer for a little variety.</i>	<input type="checkbox"/>
<b>FRI</b>	<b>28</b>	<b>Go shopping somewhere new.</b> <i>You could go to a local Christmas or food market and see what you can find.</i>	<input type="checkbox"/>
<b>SAT</b>	<b>29</b>	<b>Make a playlist of only 'new' songs you haven't heard before.</b> <i>Use this as an opportunity to discover some new music.</i>	<input type="checkbox"/>