

for the **1st of December**

Ordinary & Happy

BREAKFAST

Breakfast Wrap with Scrambled Eggs and Avocado.

- Tortilla Wraps
- Avocado
- Eggs
- Spinach
- Cheese
- Plain Yogurt
- Sriracha
- Unsalted Butter
- Salt
- Pepper

LUNCH

Caprese Sandwich (Tomato, Mozzarella, Basil)

- Bread
- Mozzarella
- Tomatoes on the Vine
- Basil
- Spinach
- Basil Pesto

DINNER

Sheet-Pan Chicken Thighs and Roasted Veggies

- Chicken Thighs
- Potatoes
- Zucchini
- Peppers
- Red Onion
- Feta
- Salt
- Pepper
- Lemon
- Garlic
- Parsley
- Olive Oil