

S U N M O N T U E W E D T H U F R I S A T	2 3	<p>Find one item (or more) in your closet to donate.</p> <p>You could do this activity as a micro win and find one item to donate. Open the closet and do a quick 1-minute closet scan. Find an item that you haven't worn in the past year, something that doesn't fit anymore, or something you don't like anymore. If you have more time, you can go through your entire closet and find multiple items to give away.</p>	<input type="checkbox"/>
	2 4	<p>Declutter and tidy the nightstands in the bedroom.</p> <p>Clear the surface and empty the drawers. Sort everything into 1) keep, 2) move to another place, 3) toss, or 4) donate. Try to keep only the items you use regularly (e.g., water bottle, e-reader, phone charger, sleep mask). You can use small containers to keep everything organized in the drawers. Before returning the items, wipe the surfaces clean.</p>	<input type="checkbox"/>
	2 5	<p>Set a timer for 20 minutes and go through the house putting things away.</p> <p>This is a great way to make a big impact by focusing on the things that bother you the most. In the entryway, you could put away the shoes and clear the bags. In the living room, you could put books away, fold the blankets, tidy the TV entertainment center. In the kitchen, you could put dishes in the dishwasher (or put the clean dishes in the cupboards). In the bathroom, you could toss any empty bottles and arrange the toiletries neatly in the caddy or put them away in the drawers/cabinets. In the bedroom, you could tidy the nightstands or focus on putting clothes away (in the closet or the laundry).</p>	<input type="checkbox"/>
	2 6	<p>Organize your books (donating what you want).</p> <p>You could choose a simple system for sorting the books you have (by genre, by read/unread, by color, etc). While you're sorting through the books, keep a donation box nearby and add the books you want to give away.</p>	<input type="checkbox"/>
	2 7	<p>Pretend guests are coming over and tidy the living room.</p> <p>Start by taking a quick look to see what to focus on first. Some easy wins include 1) clearing surfaces like the coffee table, 2) tidying the TV entertainment center, 3) folding the blankets and fluffing the throw pillows, 4) putting things away, 5) cleaning the floor/vacuuming, 6) dusting, and 7) adding a nice fragrance to the living room (e.g., scented candle, scented reed diffuser).</p>	<input type="checkbox"/>
	2 8	<p>Find one item (or more) in the livingroom to donate.</p> <p>This might be an easy win for you. But, if you're struggling to find something, think of these categories: 1) decorative items you don't love, 2) books you've finished reading, 3) blankets no one uses anymore, 4) frames or wall art you don't want, and 5) furniture you don't need or plan to replace.</p>	<input type="checkbox"/>
	2 9	<p>Take 20 minutes to tidy and organize the bathroom.</p> <p>You could focus on some mini decluttering wins in the bathroom (e.g., tidying the shower caddy and tossing empty bottles, clearing the surfaces and only returning items you need, organizing under the sink, and organizing the drawers).</p>	<input type="checkbox"/>