

What *to* Leave Behind *in* October

..... Ordinary & *Happy*

A habit or routine you're ready to move forward from.

An unrealistic expectation you have for yourself.

Something you're overthinking.

Something that, now you're looking back, isn't that significant.

A setback from the month that you've overcome and you're ready to move forward from.

Something that didn't go as planned in October, but you can absolutely make progress on in November.