

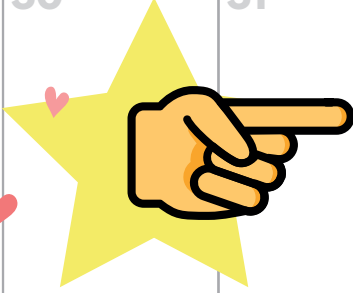




One Month of Trying New Things in November



	S	M	T	W	T	F	S
L A S T D A Y	30 Write about your favorite experience trying new things this month.	27 	28	29 	30 	31 	1 Go to a fall fair or festival. 
	2 Try a new outdoor activity (e.g. paint-balling, golf, rock climbing).	3 Learn how to say 'hello' in 3 different languages.	4 Try a new snack from the grocery store.	5 Visit a new-to-you scenic spot for sunset.	6 Try a new 5-minute morning routine (e.g. stretching).	7 Cook a new dinner recipe.	8 Meet up with a friend at a new coffee shop.
	9 Have brunch at a new restaurant.	10 Get a giant puzzle to work on at home.	11 Visit a museum or art gallery you haven't been to before.	12 Listen to at least one new song released this month.	13 Try a new flavor of tea.	14 Decorate a small space at home.	15 Take a new hobby class (e.g. glass-blowing, pottery).
	16 Try a new brunch recipe at home.	17 Take a photo of something new today.	18 Watch a tutorial to learn a simple new skill.	19 Try a new outfit today.	20 Read an article about a topic you know little about.	21 Try a new board game with friends.	22 Visit the local library and get a book you haven't read before.
	23 Have a karaoke night at home.	24 Have a picnic indoors.	25 Try a new hot chocolate flavor or recipe.	26 Pretend you're on a cooking show while cooking for Thanksgiving.	27 Try a new Thanksgiving recipe.	28 Go shopping somewhere new.	29 Make a playlist of only 'new' songs you haven't heard before.