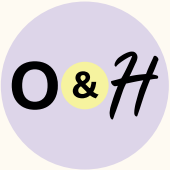


November Lunch Ideas

S	M	T	W	T	F	S
26  Ordinary & Happy	27	28	29	30	31	1 Roasted vegetable salad
2 Smoked salmon bagel sandwich	3 Deli turkey sandwich	4 Southwest chicken wrap	5 Pesto pasta salad	6 Ham and cheese rye sandwich	7 Chicken Caesar salad	8 Tomato soup and grilled cheese
9 Flatbread pizza	10 Salami and cheese sandwich	11 Chicken and avocado wrap	12 Mediterranean chickpea salad	13 Egg salad sandwich	14 Greek salad	15 Burrito bowl
16 Avocado toast with eggs and smoked salmon	17 Sweet chili chicken wrap	18 Brisket sandwich	19 Hummus and veggie wrap	20 Caprese sandwich	21 Pesto chicken sandwich	22 Grilled salmon rice bowl
23 Butternut squash soup	24 Prosciutto mozzarella focaccia sandwich	25 Chicken salad ciabatta sandwich	26 Buffalo chicken wrap	27 Roast turkey and sides (Thanksgiving)	28 Turkey club wrap	29 Turkey apple sandwich
30 Chicken burrito						