

November

Breakfast Ideas

S	M	T	W	T	F	S
26  Ordinary & Happy	27	28	29	30	31	1 Pumpkin spice pancakes
2 Broccoli cheese frittata	3 Apple cinnamon oatmeal	4 Overnight citrus chia pudding	5 Fried egg on avocado toast	6 Almond croissant	7 Green smoothie	8 Sausage frittata
9 Breakfast kolache	10 Egg muffins	11 Blueberry granola yogurt parfaits	12 Pumpkin muffins	13 Toast with jam	14 Berry smoothie	15 Breakfast tacos
16 Apple-cinnamon French toast	17 Granola and yogurt	18 Mixed berry overnight oats	19 Berry banana chia pudding	20 Banana bread	21 Muesli, fruit, and yogurt	22 Breakfast burrito
23 Bagels with smoked salmon and cream cheese	24 Sausage egg muffins	25 Blueberry baked oatmeal	26 Spinach avocado smoothie	27 Banana muffins	28 Ham and cheese omelette	29 Eggs Benedict 30 Caramelized banana pancakes