

One Month of **Creative** Activities for October

S	M	T	W	T	F	S
28	29	30	1	2	3	4
			Make a vision board for the month.	Try a new packed lunch recipe.	Imagine you won an award & give a 1-min speech.	Take fall-themed photos with family or friends.
5	6	7	8	9	10	11
Try a new recipe for brunch at home.	Take a different route to and from work.	Re-arrange the furniture in the living room or bedroom.	Doodle for 15 minutes.	Try nature journaling.	Set a timer for 15 minutes and write down ideas for a book.	Take a craft class (like pottery or embroidery).
12	13	14	15	16	17	18
Work on a big puzzle.	Try a fun new skill (like juggling or calligraphy).	Learn something about a topic you know little about.	Try gratitude journaling.	Learn a magic trick.	Try a coloring book for adults.	Create a themed playlist (e.g., decade-themed, mood-based).
19	20	21	22	23	24	25
Decorate the house for Halloween.	Start a collection of postcards.	Set a timer for 15 min & write down as many positive thoughts as possible.	Take a fun cooking class (e.g., sushi-rolling class).	Try morning or evening journaling.	Solve some brain teasers.	Try an at-home science experiment kit.
26	27	28	29	30	31	1
Upcycle a piece of furniture at home.	Make a handmade postcard and send it to a friend.	DIY a fun costume for Halloween.	Learn five words in another language.	Work on a photo gallery wall with fall photos.	Make a creative Halloween appetizer.	 Ordinary & Happy