

Day Off Activities

..... Ordinary & Happy

FAMILY

- Host a Family Meal ☐
- Take a Day Trip to a Neighboring Town ☐
- Go to a Farmers' Market ☐
- Catch an Off-Peak Movie ☐
- Go to a Weekend Fair ☐
- Go Fruit Picking ☐
- Play a Board Game ☐

PRODUCTIVE

- Re-organize Your Home ☐
- Do Your Laundry ☐
- Organize Your Week's Activities ☐
- Work Out ☐
- Look for Your Dream Job ☐
- Meal Prep for the Week ☐

FUN

- Eat at a Local Restaurant ☐
- Organize a Game with Friends ☐
- Make Homemade Pizza ☐
- Dedicate Some Time to Your Hobbies ☐
- Go to an Arcade ☐
- Catch Up on Your TV Shows ☐

MORNING

- Go for a Sunrise Hike ☐
- Make Pancakes ☐
- Sleep In ☐
- Go for a Scenic Walk ☐
- Go Out for Breakfast or Brunch ☐

AFTERNOON

- Spend the Afternoon in Bookstore ☐
- Bake a Cake ☐
- Go to the Beach ☐
- Watch an Afternoon Movie ☐
- Go Shopping ☐

EVENING

- Make S'Mores ☐
- Curl Up with a Good Book ☐
- Go Bowling ☐
- Take a Relaxing Bath ☐
- Journal ☐

FRIENDS

- Have a Picnic in the Park ☐
- Catch up at a Coffee Shop ☐
- Host a Garage Sale ☐
- Do an Escape Room Kit at Home ☐
- Have a Vacation Planning Get-Together ☐

..... Ordinary & Happy